

# Staying Connected 1

While we can't get together face to face we thought we would make a list of ways to remain digitally connected with people we care about. It's all part of building community and focusing on How We All Live Together.

For each of these activities, please ask an adult for permission before sending- better still, why not ask them to send it for you?

\* **Create a daily 'vlog' showing what you're getting up to.** This could be a video clip/photo of what you're having for breakfast to a passage from a book you're reading- any grandparent will love seeing your energetic smiles light up their screen. All you will need is a phone or any other camera device to record on. You might want to send this video via Whatsapp or email.

\* **Play the 'add-a-line' story game.** If you have a phone using the voice note feature, send an audio of the first line of a story you have made up. The person who receives the audio records the next line of the story and sends it back. The game continues as long as you want and can take many twists and turns. It's lots of fun! Give it a try!

\* **Tutorial skill swap.** Having lots of time on your hands is perfect for learning a new skill and teaching one to others. Why not pretend you are a YouTuber and create a video tutorial of your choice. It could be anything from 'Teach Your Grandma How To Floss' to 'Teach Your Friends How To Make Slime.' You can send these videos to your friends and family and all learn something new. If your relatives are looking for a fun challenge, they could even send one back!

\* **Cook along dinner.** Time for tea? Hook up any form of video call that you use - Facetime/Skype/Whatsapp and get your elderly relatives to cook along at the same time. Chat to them during your communal cooking session. You don't need to make the same meal. The main thing is you're together enjoying each other's company. Why not keep your video chat running once your food is made and take part in a virtual dinner party?

#Community #Connectionmatters