

Tuesday 17<sup>th</sup> March 2020

Dear Parent/Carers

### **Summary**

- School are constantly following updated guidelines from the Department for Education and will update parents/carers as and when necessary.
- If your child has a high temperature or a new continuous cough / breathing difficulties, please keep them off school and self-isolate for 14 days.
- School are planning for self-isolation and potential closure.
- Use the NHS 111 [online](#) corona virus service.

Below is the most recent guidance from the Government around COVID-19.

### **Symptoms**

*The most common symptoms of coronavirus (COVID-19) are recent onset of:*

- *new continuous cough and/or*
- *high temperature*

*For most people, coronavirus (COVID-19) will be a mild illness*

### **Main messages**

- *if you live alone and you have symptoms of coronavirus illness (COVID-19), however mild, stay at home for **7 days** from when your symptoms started. (See [ending isolation](#) section below for more information)*
- *if you live with others and you or one of them have symptoms of coronavirus, then all household members must stay at home and not leave the house for **14 days**. The 14-day period starts from the day when the first person in the house became ill*
- *it is likely that people living within a household will infect each other or be infected already. Staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community*
- *for anyone in the household who starts displaying symptoms, they need to stay at home for 7 days from when the symptoms appeared, regardless of what day they are on in the original 14 day isolation period. (See [ending isolation](#) section below for more information)*
- *if you can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period*
- *if you cannot move vulnerable people out of your home, stay away from them as much as possible*
- *if you have coronavirus symptoms:*
  - *do **not** go to a GP surgery, pharmacy or hospital*
  - *you do not need to contact 111 to tell them you're staying at home*

- *testing for coronavirus is not needed if you're staying at home*
- *plan ahead and ask others for help to ensure that you can successfully stay at home and consider what can be done for vulnerable people in the household*
- *ask your employer, friends and family to help you to get the things you need to stay at home*
- *wash your hands regularly for 20 seconds, each time using soap and water, or use hand sanitiser*
- *if you feel you cannot cope with your symptoms at home, or your condition gets worse, or your symptoms do not get better after 7 days, then use the [NHS 111 online](#) coronavirus service. If you do not have internet access, call NHS 111. For a medical emergency dial 999*

The school is in the process of making emergency plans around the potential of school closure and the setting of work if children/families are having to self-isolate. I am also aware of parental concerns around Free School Meals, homeworking and childcare. This is a situation when community will come together to support one another and we will do our very best to play our part.

For your information the Attendance lead at Bradford Council has issued an attendance code for self-isolation. This will be recorded as an authorised absence.

We will keep you informed about updates as and when necessary.

Yours sincerely

Mrs Sarah Crowther  
Headteacher